



WORLD SOCIETY OF ANTI-AGING MEDICINE Trainings & Certifications

Courses coordinator: **Thierry Hertoghe, MD**

COURSES CONDUCTED IN
ENGLISH



AAMS - Anti-Aging Medicine Specialisation

Post University Certificate, 2-Year Program

Program in 6 modules (240 hrs) - 3 modules per year (120 hrs)

Created in 2002, the most renowned Anti-Aging training in the World



IHS - Hormone Therapies Specialty

Fellowship in Hormone Therapies

6 modules per year (150 hrs) - Up to Masters (400 hrs)

3 Levels of Hormone Therapy Certification - Certificate, Diploma & Masters



WOSAAM BOARD CERTIFICATION

Board Certifications in Anti-Aging therapies

Self training, review and Board Exam during congresses

Different Board certifications specialties - Learning material provided



ONE Quality

Become a member on line & information

www.wosaam.org





Post-University Diploma

AAMS

Anti-Aging Medicine Specialization

COURSES CONDUCTED IN
ENGLISH

Created in 2002 and entering its 6th year, the Anti-Aging Medicine Specialization is famous worldwide as the most advanced scientific training in Preventive, Longevity and Anti-Aging Medicine.

The AAMS program (Anti-Aging Medicine Specialization) is a 2-year PROGRAM (240 Hours) for an international Post-University Certificate in Anti-Aging Medical Therapeutics for physicians with leading international Speakers.

Presentation of the training:

It consists of 6 different modules of 40 Hours spread on a 2-Year period (3 modules per year), proposed as follows for each educational year:

- 2 times 4-Days Seminars completed by 2 days of self video learning

Precision: A complete module represents a total of 40 hours (6 days X 7 hrs /day), composed as follow by:

- The participation to the 4 days seminar (4 days X 7 hrs = 28 hrs)
- The complementary 2 days of self-video learning (2 days X 7 hrs = 14 hrs)
- 1 time 6-Days spring Seminar (usually in May or June each year).

Educational Year: It starts in September and finishes in June.

Certificates: Next to the global certificate for Anti-Aging Medicine Specialization, participants receive a separate certificate for each seminar they attend.

AAMS is a continuous course repeating each 2 years, you can join at any time and continue your training until you attend all the modules.

Core of the Course:

- Provide more practical information to physicians on how to efficiently and safely practice Anti-Aging medicine.
- Provide university level efficient courses with complete theoretical and practical information on each important topic of Anti-Aging medicine.
- Provide certificates that attest the attendance of a physician to such courses, his participation in practical sessions and following the level of competence a physician has achieved, attest the successful passing of the exam on the entire field of Anti-Aging medicine.

Only licensed physicians may attend the full 2-year program as the successful passing of the written exam acknowledges that the physician has an adequate knowledge to prescribe Anti-Aging therapies (including hormone replacement therapies).

FIRST YEAR PROGRAM

Module 1
SEPTEMBER 20-21-22-23, 2008

Module 2
JANUARY, 29-30-31 FEB. 1st, 2009

Module 3
MAY, 2009 Dates to be confirmed

SENESCENCE, EXERCISE AND ENDOCRINOLOGY

DIETARY, ENVIRONMENTAL & MAJOR ANTI-AGEING THERAPIES

PSYCHOLOGY AND SEXUAL ENDOCRINOLOGY

4 DAYS + 2 days of self video learning

- ♦ THE ABC OF LIFESPAN MEDICINE
- ♦ SENESCENCE
- ♦ JUVENILE ANTI-AGING MEDICINE
- ♦ PHYSICAL EXERCISE
- ♦ ELECTROLYTE AND PH BALANCE
- ♦ CHRONIC FATIGUE SYNDROME
- ♦ PRACTICAL CASES OF PATIENTS WITH CFS
- ♦ INTERACTIVE SESSIONS - MINI-EXAM
- THE ENDOCRINE SYSTEM: A REVIEW
- HORMONE ACTIONS: AN OVERVIEW
- ♦ FACTORS THAT IMPACT ON THE ENDOCRINE SYSTEM
- ♦ EFFECTS OF HORMONE THERAPIES
- ♦ HORMONE LAB TESTS AND TREATMENT: OVERVIEW
- ♦ THYROID DEFICIENCY♦ INTERACTIVE SESSIONS - MINI-EXAM

4 DAYS + 2 days of self video learning

- ♦ THE ABC OF LIFESPAN MEDICINE
- ♦ MACRONUTRIENTS AND HEALTH AND LIFESPAN:
- ♦ DIGESTIVE SYSTEM AND CANCER PREVENTION
- ♦ DYSBIOSIS
- ♦ CANCER PREVENTION AND ADJUVANT TREATMENT
- ♦ OBESITY MANAGEMENT
- ♦ POLLUTION AND HEALTH
- ♦ INTERACTIVE SESSIONS - MINI-EXAM
- ♦ FACTORS THAT IMPACT ON THE ENDOCRINE SYSTEM
- ♦ HORMONE, APPETITE AND OVERWEIGHT
- ♦ ADRENAL HORMONES
- ♦ PINEAL HORMONE
- ♦ FAMOUS PEOPLE
- ♦ INTERACTIVE SESSIONS - MINI-EXAM

6 DAYS

- ♦ THE ABC OF LIFESPAN MEDICINE
- ♦ PSYCHOLOGICAL ATTITUDES
- ♦ SEXOLOGY
- ♦ INTERACTIVE TREATMENT SESSIONS
- ♦ NEUROLOGY
- ♦ MICRONUTRIENT SUPPLEMENTATION & SEXUAL DYSFUNCTION AND PSYCHIC DISORDERS
- ♦ PRACTICAL CASES OF PATIENTS WITH SEXUAL DYSFUNCTIONS
- ♦ INTERACTIVE SESSIONS - MINI-EXAM
- ♦ PSYCHIC AND SEXUAL FACTORS THAT IMPACT ON THE ENDOCRINE SYSTEM
- ♦ FEMALE HORMONES
- ♦ ANDROGENS IN MEN
- ♦ ANDROGENS IN WOMEN
- ♦ PROGESTERONE THERAPY OF MEN

EXAMINATIONS

There will be the possibility to pass a written examination at the end of each module (3hrs).

An examination validates each module. You can take the examination at the end of the module or at the end of any next one.

MARK YOUR CALENDAR

First year, 3 modules:

Module 1: September 20 to 23, 2008 - PARIS

Module 2: January 29 to February 1st, 2009 - PARIS

Module 3: May 2009 - Date and venue to be precised

VENUE to be precised, see at: www.euromedicom.com

The registration will open at 7:30 am the first day of each module. Time schedule: 8:30 am - 6:00 pm

Information: AAMS@euromedicom.com



International Hormone Society

Hormone Therapy Specialty Fellowship in Hormone Therapies

COURSES CONDUCTED IN
ENGLISH



Society of advanced quality of life and longevity medicine-aiming hormone therapies

In most countries, the specialization of endocrinology is limited to practical hospital training with 2.5 to 3.5 years of internal medicine and 0.5 to 1.5 years of endocrinology. The half to one year and a half spend in real endocrinology is generally devoted to learning how to treat diabetes and, more accessory, how to treat over thyroid dysfunction.

An international postgraduate program in hormone therapy in the English language, the Hormone Therapy Specialty, has been set up by the International Hormone Society (www.intlhormonesociety.org).

The International Hormone Society is currently the third endocrine society in the world, having more than 1800 members just after 2 years of opening up its membership registration. The society is on the way of becoming the largest society of its kind.

As the International Hormone Society, its specialty in Endocrinology and Hormone Therapy is unique and open to physicians of all medical specialties.

It is internationally, by far most complete program in endocrinology. It covers all topics from physiology to endocrinology and neuroendocrinology, from hormone deficiencies, including the milder forms, to hormone excesses. It covers not only extensively the treatment of diabetes as is the case of the traditional endocrinology specialization, but also all other topics including all endocrine glands (hypothalamus, pineal, pituitary gland, thyroid, parathyroid, thymus, adrenals, liver, pancreas, gonads and all the other tissues that participate in hormone production).

The Specialty provides certificates that attest the attendance of a physician to such courses, and certificates for each exam passed.

PROGRAM OF THE TWO FIRST SEMINARS

SEPTEMBER 20-21-22-23, 2008

4 DAYS

MODULE 1

- s The endocrine consultation, physical exam, thyroid, curing diseases with hormones
- s The endocrine system: a review
- s Hormone actions: an overview
- s Factors that impact on the endocrine System
- s Effects of Hormone Therapies on
 - Free radicals: the antioxidant hormones
 - Lifespan
- s Hormone lab tests and treatment: overview
- s Balancing the endocrine system
- s Endocrine dysfunctions in chronic fatigue syndrome
- s Thyroid deficiency
- s Interactive sessions - Mini-exam
- s Anamnesis - The physical endocrine examination -
- s The interpretation of laboratory tests: blood, saliva, 24 h urine (overview)
- s Hormone treatments (short overview) - Follow-up
- s Balancing Hormones: how to overcome and avoid hormone imbalances
- s Hormones to cure disease
- s Interesting cases of patients treated with multiple hormone replacement, including GH
- s Treatment of sexual problems with hormone treatments

2 DAYS

MODULE 2

- ♦ Dermatological endocrinology
- ♦ Geriatric Endocrinology
- ♦ Aesthetical Endocrinology
 - Aesthetical applications of hormone therapies
 - How to promote body appearance with hormone replacement therapies; per hormone: short overview
 - Face : melatonin, GH, insulin, estrogen, DHEA and testosterone treatments
 - Body
 - Thighs
 - Hands: how hormones influence the beauty of the hands
 - Feet: flat feet, etc.
- ♦ Practical patient cases
- ♦ Longevity Endocrinology
 - Hormone therapies that help you live longer and in what conditions, how much longer can we live with corrective hormone treatments?
 - Basic mechanisms
- ♦ Practical patient cases



Opening the EMAA Congress October 17-18-19, 2008

OCTOBER 15-16, 2008

EXAMINATION

There will be the possibility to pass a written examination at the end of each module (3hrs).

An examination validates each module. You can take the examination at the end of the module or at the end of any next one.

Obligatory Registration You have to register at least 21 days (3 weeks) before the examination session to be able to pass it.

MARK YOUR CALENDAR

6 modules during the year

Module 1: Sept 20-21-22-23, 2008 - PARIS

Module 2: Oct. 15-16, 2008 - PARIS

Module 3: Jan. 29 to Feb. 1st, 2009 - PARIS

VENUE to be precised, see at: www.euromedicom.com

Module 4: March 17-18, 2009 - MONACO

Module 5: May 2009 - 4 Days - Date & place to be precised

Module 6: June 5-7, 2009 - BRUSSELS



WOSAAM BOARD OF ANTI-AGING MEDICINE



Become a WOSAAM Board Certified physician in Anti-Aging Medicine and Nutrition

The WOSAAM - World Society of Anti-Aging Medicine, is considered as the fastest growing scientific Society representing today over 5000 physicians from 120 nations in the clinical specialty of anti-aging medicine (Preventive, Longevity, Well ageing and Aesthetic medicine).

In view to expand this knowledge and offer to the physician appropriate scientific qualification, the WOSAAM proposes two Board Certification Examinations.

Your position as a WOSAAM Board Certified will enhance your status in the eyes of your patients and colleagues with a titled position in a major international scientific society.

Modalities:

Register to the WOSAAM Board Certification and receive the learning material (Books, scientific publications, Audio and Videos) to prepare the examination.

Previous to the exam (usually one or two days) an expert will present a 3 hours Review on the main topics of the certification.

• BOARD CERTIFICATION IN ANTI-AGING MEDICINE

Review: October 18, 2008 - 6.00 pm - 9.00 pm
Examination session: Sunday October 19, 2008
12.30 pm - 3.30 pm

• BOARD CERTIFICATION IN NUTRITIONAL MEDICINE

Review: October 17, 2008 - 6.00 pm - 9.00 pm
Examination session: Sunday October 19, 2008
9.00 am - 12.00 pm

The ESSENTIAL REASONS for you as a physician to get your board certification

- Any licensed MD can qualify
- Each MD who obtains the board certification will get clearly and correctly informed on anti-aging or nutritional therapies depending on the board certification they do, sufficiently to start doing anti-aging or nutritional therapy and avoid any major errors => first step in becoming an expert. To many physicians the information will be interesting.
- The board certification has a protective value in case of litigations from medical boards or civil courts
- The textbook of the documentation itself contains strong updated scientific references and greatly helps you to scientifically justify the anti-aging treatments you prescribe.
- You as a physician gets an official board certification by the leading international anti-aging medical society in the world.
- The board certification can be obtained with a limited amount of time: the study of the study material (1 to 6 days of studying depending on your knowledge and experience in this field) the attendance to a 3 hour review course, plus and 3 hours of exam

ALL COURSES AMONG THE INTERNATIONAL EXPERTS

Dr Bill ANTON (Australia)	Dr Laurent JACOB (France)	M. Erik-Alexander RICHTER (Netherlands)
Dr Helena BARANOVA (France)	Dr Mario KRAUSE (Germany)	Dr Adrian SLEE (UK)
Dr Alfredo BELZUZZARI (Spain)	Dr Bruno LACROIX (France)	Dr Gabor SOMLYAI (Hungary)
Dr Malcom CARRUTHERS (UK)	Dr David LAI (Hong kong)	Dr Tullio SIMONCINI (Italy)
Dr Dominique CARLY (Belgium)	Dr Hansjoerg LAMMERS (Germany)	M. Thierry SOUCCAR (France)
Dr Benoit CLAEYS (Belgium)	Dr John Van LIMBURG (Belgium)	Dr Suzie SCHUDER (U.S.A)
Dr Claude DALLE (France)	Dr Maciej MALECKI (Poland)	Dr Cass TERRY (U.S.A)
Dr John DUNPHY (Ireland)	Dr Sohail MANSOOR (UK)	Dr Pakpilai THAVISIN (Thailand)
Dr Murphy DUNHILL (Ireland)	Dr Denise MARK (USA)	Dr Gina VAN BOGAERT (Belgium)
Dr Benoit EVERARD (Belgium)	Dr Anna MODELSKA Z. (Poland)	Dr Eric Van GUYSE (Belgium)
Dr Jorge FLECHAS (USA)	Dr Jean MONRO (UK)	Dr Ronald VIRAG (France)
Dr Pascal GERARD (France)	Dr Georges MOUTON (Belgium)	Prof. Emar VOGELAAR (Netherlands)
Dr Monica GOLKOVA (Cz. Republic)	Prof. Kenny de MEIRLEIR (Belgium)	Dr Samuel K. YUE (USA)
Dr Malgorzata GODZIEJEWSKA Z. (Poland)	Prof. Imre Zs. NAGY (Hungary)	Dr Bernard WEBER (Luxembourg)
Dr Thérèse HERTOEGHE (Belgium)	Dr Gianluca PAZZAGLIA (Italy)	
Dr Thierry HERTOEGHE (Belgium)	Dr Ascanio POLIMENI (Italy)	
Dr Martin HILL (Australia)	Dr Michel PERRING (UK)	
Dr Christophe de JAEGER (France)	Dr Stéphane RÉSIMONT (Belgium)	

And many other prominent speakers...

WOSAAM ANTI-AGING MEDICAL TRAININGS & CERTIFICATIONS

The WOSAAM - World Society of Anti-Aging Medicine, proposes for the physician different types of trainings in Anti-Aging Medicine.

In October 17 to 19 the fourth European Congress of Anti-Aging Medicine will be organised by the WOSAAM (www.wosaam.org). The World Society of Anti-aging Medicine is currently the fastest growing international society in anti-aging medicine in the world with over 5600 physicians as members.

Its two approved Board certifications, the Board certification in Anti-Aging medicine and the Board certification in Nutritional Medicine, are open to physicians of all medical specialities.

Previously to the congress and Board certifications two complete Post-University trainings are proposed, the **AAMS - Anti-Aging Medicine Specialisation** and the **IHS - Hormone Therapies Specialty**.

Certificates & Degrees Awarded

There will be the possibility to pass a written examination at the end of each module (3hrs).

An examination validates each module. You can take the examination at the end of the module or at the end of any next one.

Obligatory Registration. You have to register at least 21 days (3 weeks) before the examination session to be able to pass it.

AAMS - Anti-Aging Medicine Specialisation - Certificates

Six different kinds of certificates will be delivered:

- Certificate of attendance to each module
- Certificate of specialisation for each module - After successfully passing the Exam
- Certificate of Post-University Education in Anti-Aging Medical therapeutics - at the end of the 1st Year (120 Hrs)
- Certificate of Post-University Education in Anti-Aging Medical therapeutics - at the end 2nd Year (120 Hrs)
- Certificate of Post-University Education in Anti-Aging Medical therapeutics - After accomplishment of the 2 Years (240 Hrs)
- Certificate of Anti-Aging Medical therapeutics, delivered after termination of the complete program and successfully passing of the **FINAL EXAMINATION** (multiple choice questions & Practical written cases).

IHS - Endocrinology Hormone Therapies Specialty - Certificates

Six different kinds of degree will be awarded:

The EHTs offers you intermediate degrees and formations (advanced hormone therapy course 1 and 2, diploma and masters in expert endocrinology and hormone therapy) with at the end of each one a board certification or diploma: The whole formation over three years is 400 hours, smallest is about 40 hours (one module of 6 days). Moreover, a certificate of attendance to each seminar is granted.

- Certificate of attendance - To each Seminar
- Certificate of competence for each module - After successfully passing the Exam
- Hormone Therapy Initiation Certificate - 60 Hrs (9 days) - A high quality introductory course in hormone therapy consisting of 3 seminars plus an exam.
- 1st Year: Basic Hormone Therapy Certificate - 150 Hrs (21 Days) - Basics with practice hints, plus exam.
- 2nd Year: Hormone Therapy Specialty Diploma - 240 Hrs
- 3rd Year: Hormone Therapy Specialty Masters - 320 Hrs of Courses + 80 Hrs of Thesis. Adds a third year (masters): of at least 80 hours of courses with a thesis (an extensive review of the literature on an endocrine topic or a specialized research project), plus exam and thesis submitted and formatted for publication.

Exams - Modalities

An AAMS or IHS certificate or Diploma in Hormone Therapy requires passing an exam for each module. The exams are always written and multiple choice.

For the 2nd and 3rd years of the IHS specialty, there is a theoretical multiple choice test and an exam that covers the practical application of knowledge with a patient presentation.

ORGANISATION & REGISTRATION: EuroMediCom

29 Boulevard de la République - 92250 La Garenne Colombes - France

Tel: +33 1 56 83 78 00 - Fax: +33 1 56 83 78 05

AAMS@euromedicom.com

Latest detailed programs and information available at

www.euromedicom.com

Family Name First Name
 Institution & Specialty
 Address
 Zip code City Country
 Tel. Fax
 E-mail

(CAPITAL LETTERS PLEASE)

DELEGATE ONE YEAR 3800 € - 14 days (Videos & Exams not included - Registration remains valid during a period of 2 years)

AAMS

PARIS - September 20 to 23, 2008
 Sept: 20 21 22 23
 Course DVDs, for 2 days of self Video learning
Examination

BEFORE sept 10, 2008	AFTER Sept 10, 2008
<input type="checkbox"/> 1200 €	<input type="checkbox"/> 1300 €
<input type="checkbox"/> 350 €	<input type="checkbox"/> 380 €
<input type="checkbox"/> 500 €	<input type="checkbox"/> 500 €
<input type="checkbox"/> 230 €	<input type="checkbox"/> 250 €

DAILY RATE - Less than the full seminar X number of days of attendance
x ___ Day(s) of attendance

Mod 1

Mod 2

Mod 3

PARIS - January 29th to February 1st, 2009
 Jan: 29 30 31 Feb -1
 Course DVDs, for 2 days of self Video learning
Examination

SPRING SEMINAR 6-day
 May 2009 - Dates & place to be precisied
Examination

IHS

DELEGATE ONE YEAR (Registration remains valid during a period of 2 years)

PARIS - September 20-23, 2008
 Sept: 20 21 22 23
 Course DVDs, for 2 days of self Video learning
Examination

BEFORE sept 10, 2008	AFTER Sept 10, 2008
<input type="checkbox"/> 1200 €	<input type="checkbox"/> 1300 €
<input type="checkbox"/> 350 €	<input type="checkbox"/> 380 €
<input type="checkbox"/> 500 €	<input type="checkbox"/> 500 €
<input type="checkbox"/> 230 €	<input type="checkbox"/> 250 €

DAILY RATE - Less than the full seminar X number of days of attendance
x ___ Day(s) of attendance

Mod 1

Mod 2

PARIS - October 15-16, 2008
 Oct: 15 16

BOARD WOSAAM

- Board Certification in Anti-Aging Medicine** select
 *Examination Sunday October 19th - 12.30 pm - 3.30 pm
- Board Certification in Nutritional Therapies** select
 *Examination Sunday October 19th - 9.00 am - 12.00 am

BEFORE Aug. 15, 2008	AFTER Aug. 15, 2008
Learning Material (Textbooks, Cds, Videos...) <input type="checkbox"/> 350 €	Learning Material (Textbooks, Cds, Videos...) <input type="checkbox"/> 400 €
Board Examination <input type="checkbox"/> 1450 €	Board Examination <input type="checkbox"/> 1550 €

Review on October 18th
 Review on October 17th

I hereby pay my registration for an amount of:

- Bank CHECK** in € payable to **Euromedicom** (Europe only)
- Bank transfer** in € payable to **Euromedicom** - Do mention "**AAMS08**" on your Bank transfer documents. with your transfer and add + 15 € for bank charges

Total in Euros

VERY IMPORTANT: Payment by bank transfer must be received **at least 10 days before the course**. Passed this limit we will not be able to process and consider your transfer and you will have to make your **PAYMENT ON SITE**.
OBLIGATORY: You must **INDICATE THE PARTICIPANT NAME + "AAMS08"** on your bank transfer.

HSBC HERVET ASNIERES

IBAN: FR92 3036 8000 8400 8416 G000 161 Account holder: Euromedicom SARL Branch code: **00086**
 SWIFT - BIC: BHVTRFPF Account number: **008416G001** Bank code: **30368** Key digits: **61**

- Credit Card:** Visa Amex EuroCard/Mastercard Diners Club

Credit card number: _____
 Card holder's name: _____
 Expiry date: ____ 3 digits code ____ (obligatory)

Signature

- I am interested in attending the **WOSAAM courses**, please **send me more information**.

CANCELLATION POLICY

+30 days before: Refund -10 % • +15 days before: Refund -50 % • -15 days before: No refund - Cancellation will be processed one month after the event

ORGANISATION & REGISTRATION: EuroMediCom

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